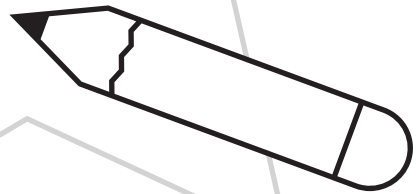
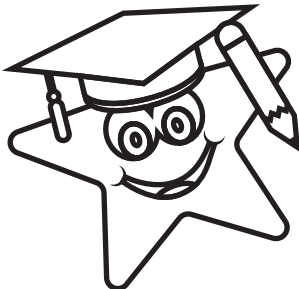




EQUANIMITY

Education

ACTIVITY BOOK



My name is

**My favourite activity/hobby/thing to
do is...**

My favourite fruit is ...

My favorite colour is ...

My favourite animal is ...

My favourite song is ...

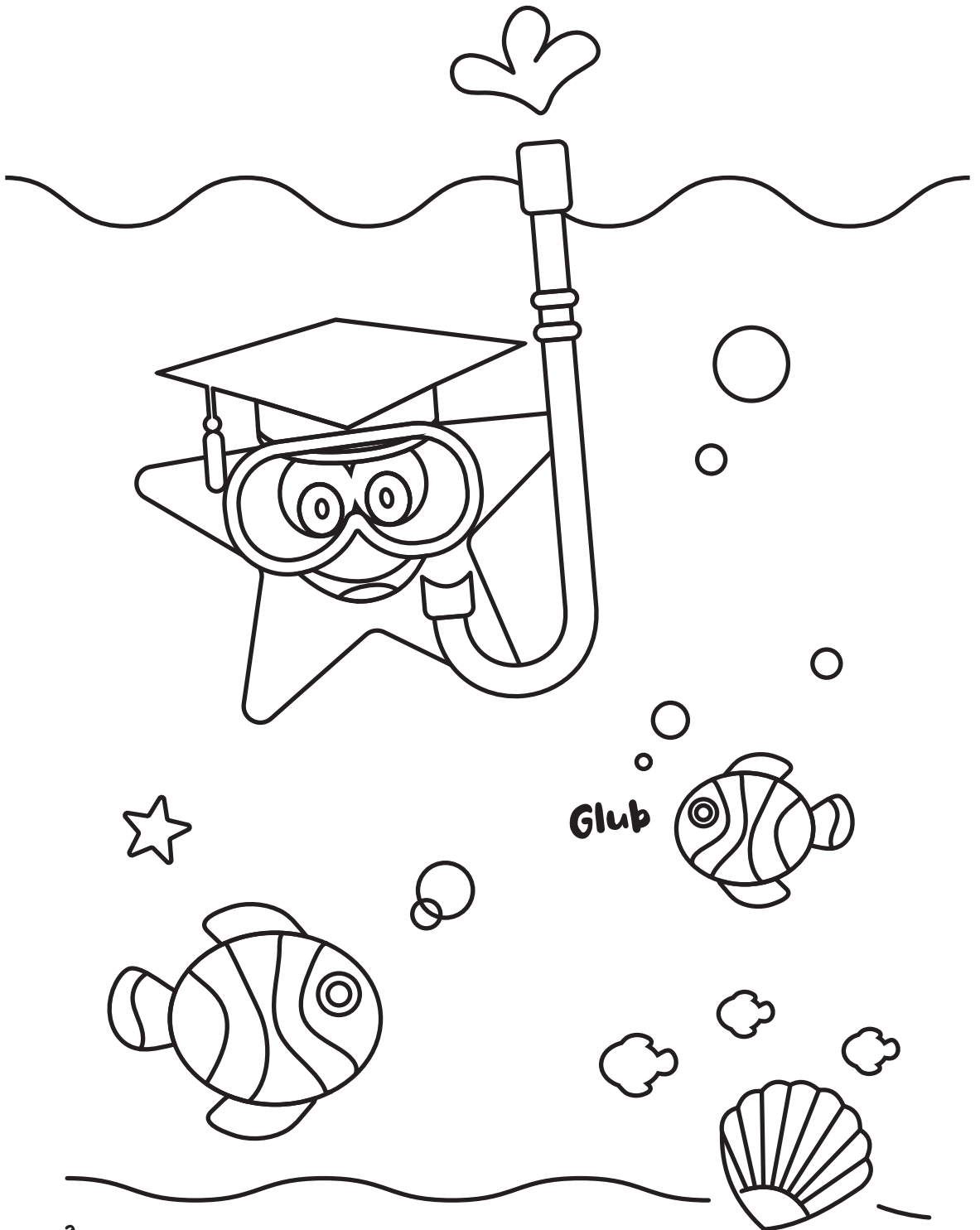
Hi!

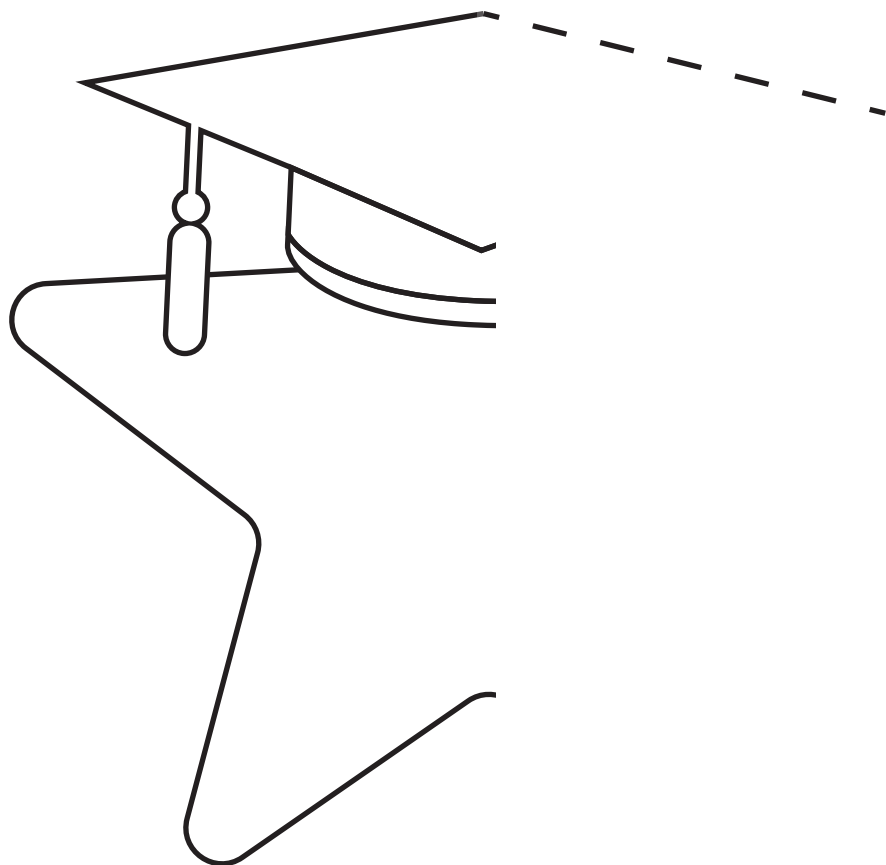


This is a blank page for you to write anything you want to.

You could write a poem, a short story or your favourite jokes!

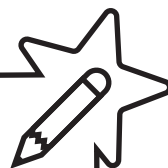






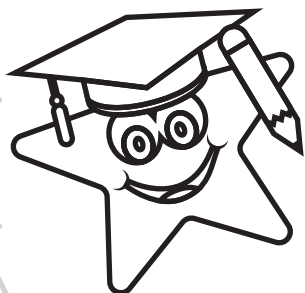
Draw a star

Finish drawing the stars.
You can then personalise them with
fun patterns or any other ideas from
your imagination!



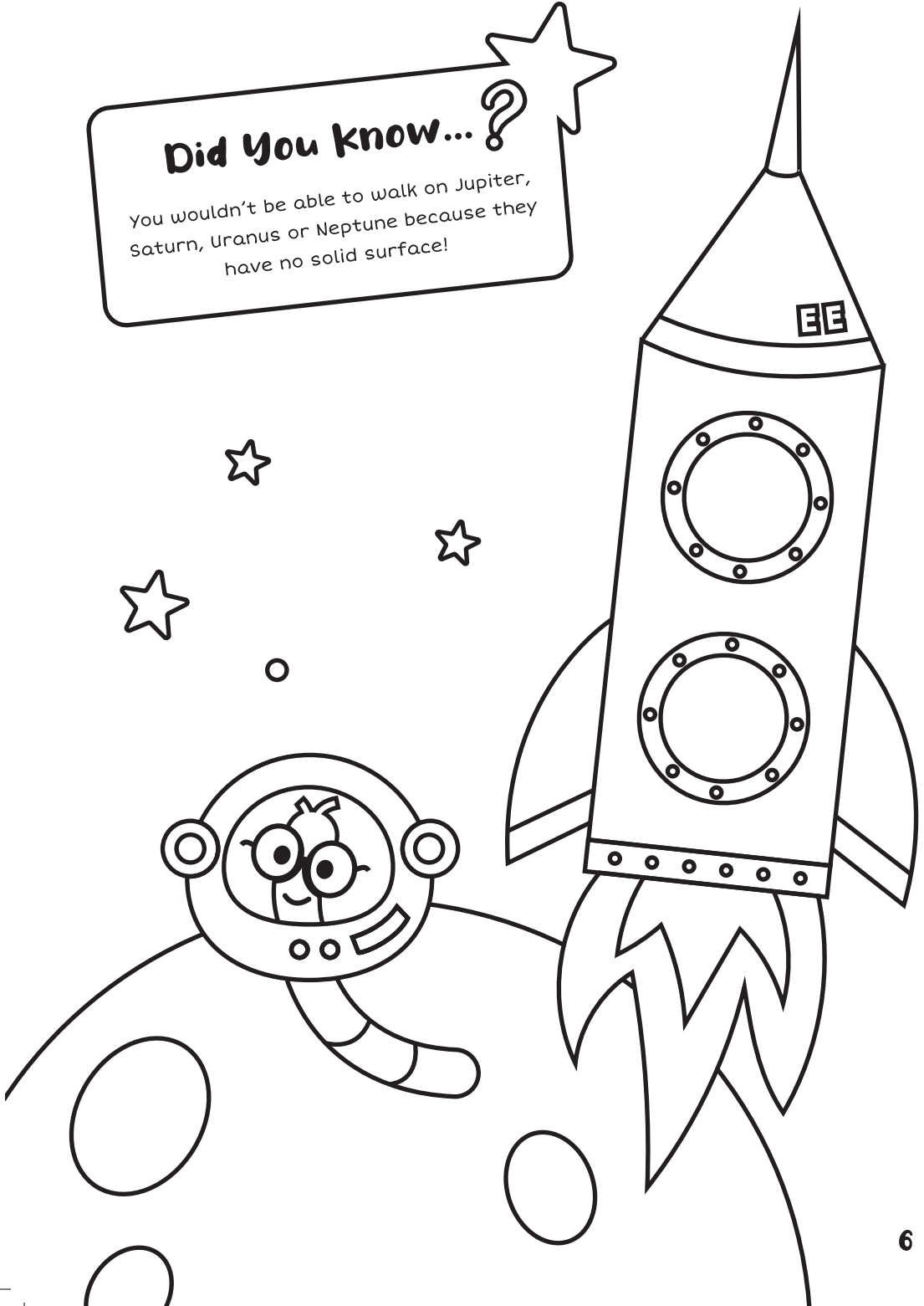
You could write a poem, a short story or your favourite jokes!

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.



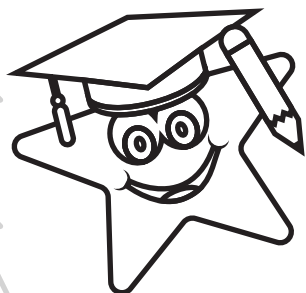
Did You Know...?

You wouldn't be able to walk on Jupiter, Saturn, Uranus or Neptune because they have no solid surface!



This is a blank page for you to write anything you want to.

You could write a poem, a short story or your favourite jokes!



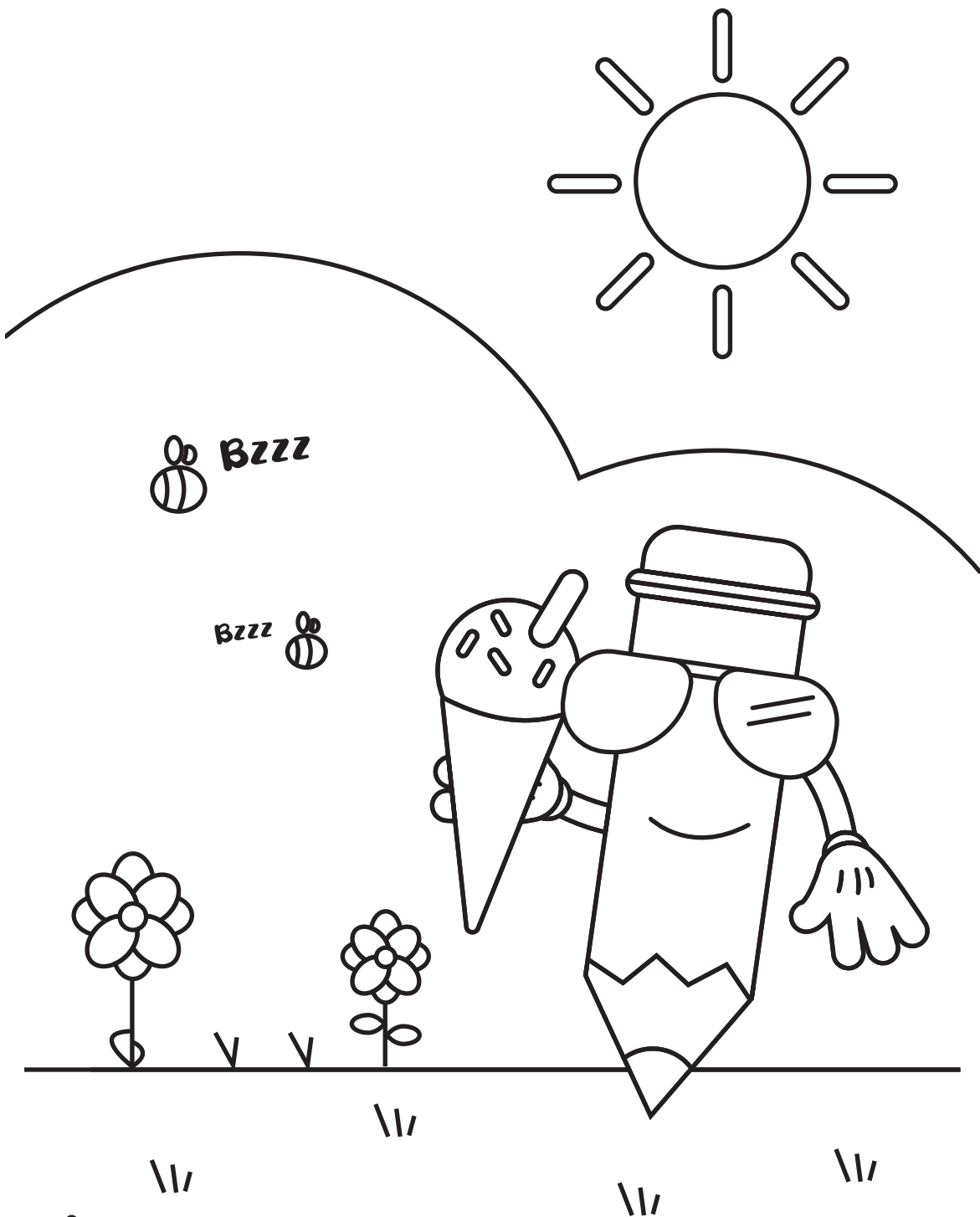
Find something that rhymes with ...

Think of as many words that rhyme
with the words below and then write
them all down.



JAR MOUSE BEE



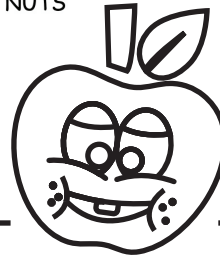


Food Vocabulary Word Search

The words are written vertically, diagonally and horizontally.

F G M G G V W E C Q D M X B Y
 Z B Q V J S E N G M M R Y O B
 H L Z K N S J G E G T M H X E
 L U P A R E R P E U S P R G X
 L E E S H J V H O T J V B Z B
 L B P M N U R L Y T A H H A Q
 U E Z R D A X A N Q A B G M P
 W R M A C A Y R J G M T L N F
 G R D T Y W O A T S I Q O E J
 Q I L H I V G A O X L S X E S
 M E O P R E U B T I K S E J S
 F S P Q W E R T E M W D L Z P
 Z I X Z N U T S M L J B O O L
 U K N M A P P L E S N E O M M
 E P H I O N C O V T P Z T Z Y

POTATOES
 BLUEBERRIES
 APPLES
 EGGS
 BEANS
 YOGURT
 MILK
 VEGETABLES
 OATS
 NUTS

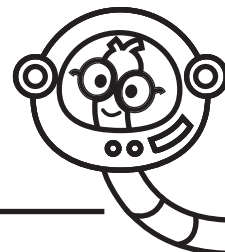


Solar System word search

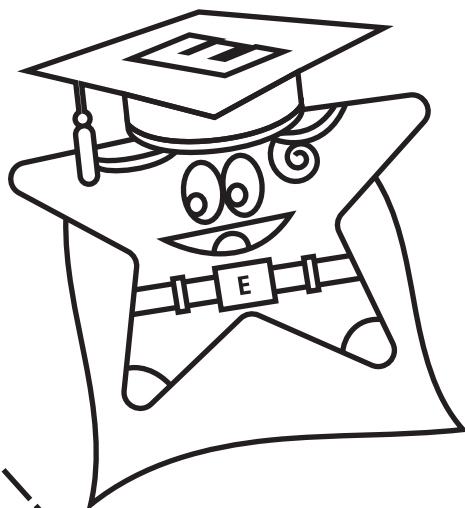
How well do you know your planets? Can you find them below?

I U W K X S J G E M Q Z N W R
 W K L W P Q A N X I K R P S G
 P J Y U H C U T P G E B T V K
 V V Y U I T R Z U V Y J Q E B
 R C F A P X Z V J R C L E U N
 V P B E V M M P U P N N E R E
 V E N U S M A C G S N M K A Q
 U D R K G S R B Z Y E A L N L
 J U P I T E R K N Z A F Y U U
 Q R U T M P X V S P R X I S J
 B P F E Y G R R Z L T T O T S
 W C J D V K A H T G H W C L Q
 A C B Q S M C D U I Z G Z W R
 Q I E Z I P M L V F V J V Z Y
 T F J R Y H E S R P H A P I D

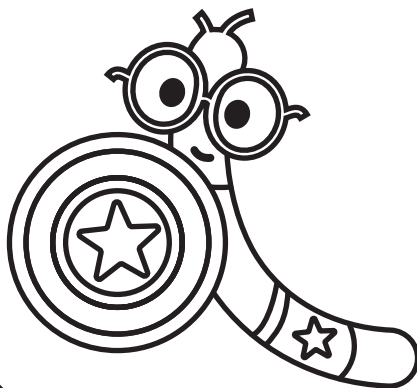
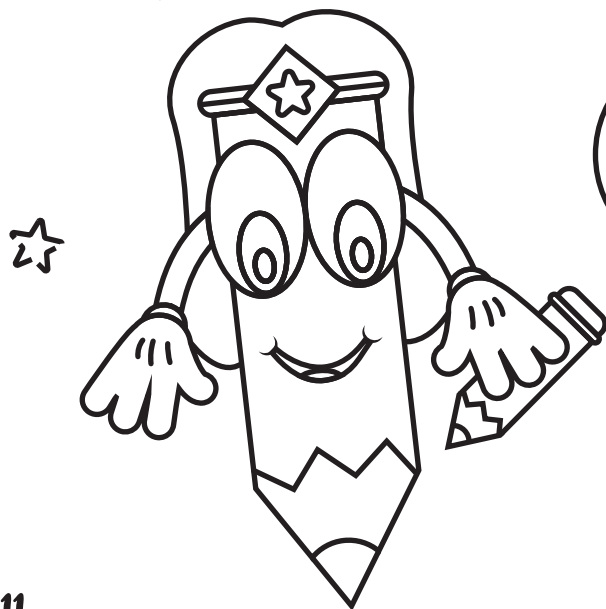
MERCURY
 VENUS
 EARTH
 MARS
 JUPITER
 SATURN
 URANUS
 NEPTUNE



SUPER TEAM!

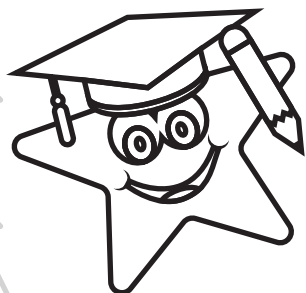


Imagine you were given the chance to choose
a superpower to help make the world a better place for
children: what superpower would you choose?
you can write about it on the next page.



This is a blank page for you to write anything you want to.

You could write a poem, a short story or your favourite jokes!



Wordsearch Answers



POTATOES
BLUEBERRIES
APPLES
EGGS
BEANS
YOGURT
MILK
VEGETABLES
OATS
NUTS

F 6 M 6 G A W E C Q D M X B Y
Z B Q V J S E N G M W R Y O B
H L Z K N S J G E G T M H X E
L U P A R E R E U S P R G X
L E E S H J V H O T J V B Z B
L E P M N U R L Y T A H H A Q
U E Z R D A X A N Q A B G M P
W R M A C A Y R J G M T L N F
G R D T Y W O A T S I Q O E J
M E O P R E U B T I K S E J S
F S P Q W E R T E M W D L Z P
Z I X Z N U T S W L J B O O L
U K N W A P P L E S N E O M W
E P H I O N C O V T P Z T Z Y

The words are written vertically, diagonally and horizontally.

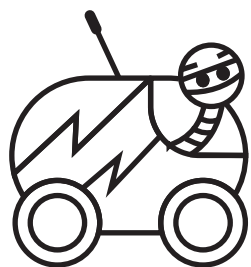
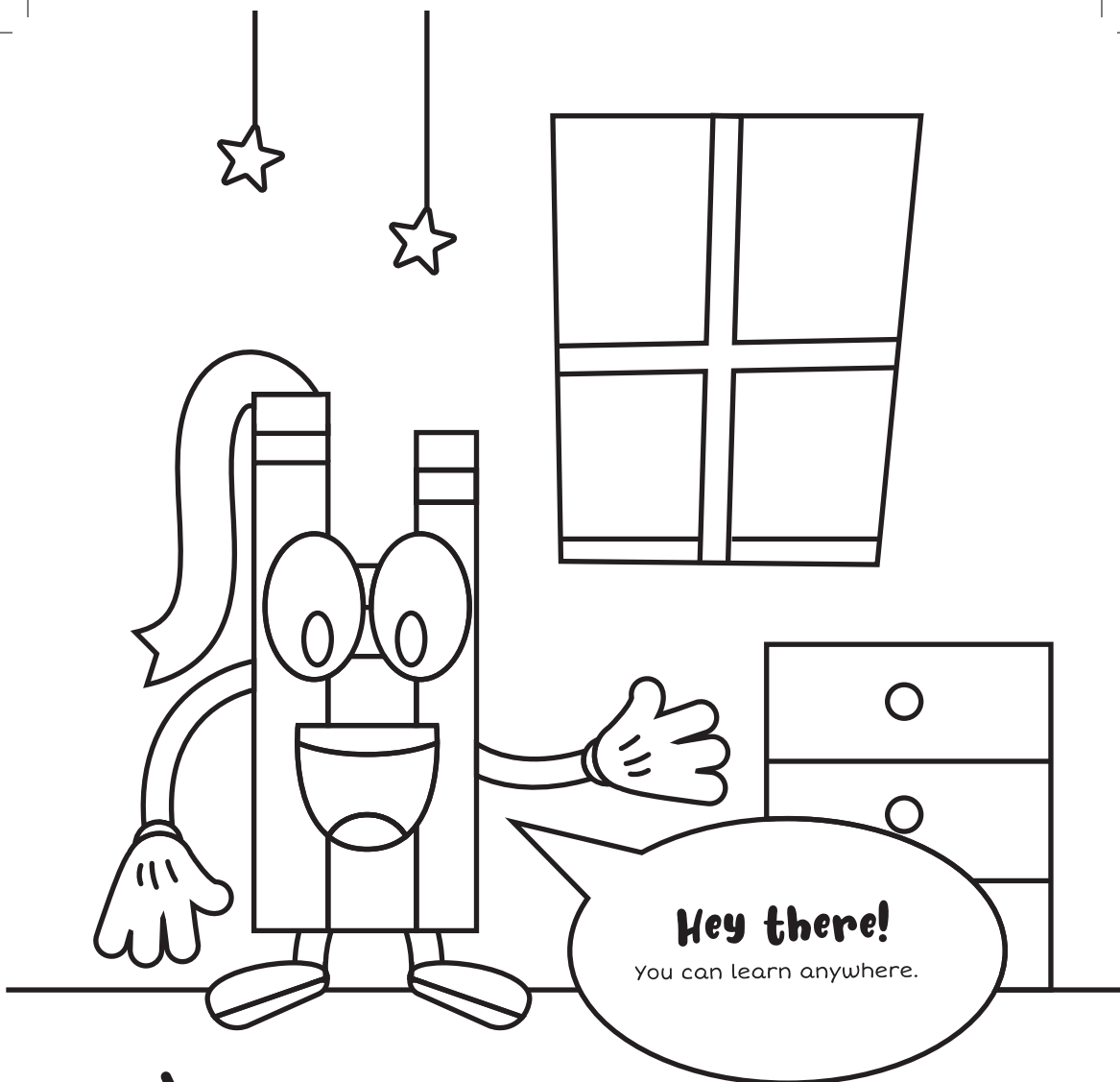
Food Vocabulary Word Search

MERCURY
VENUS
EARTH
MARS
JUPITER
SATURN
URANUS
NEPTUNE

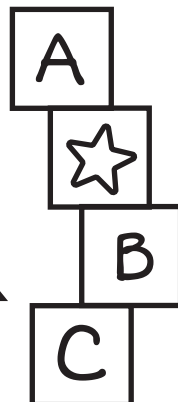
I U W K X S J G E M Q Z N W R
W K L W P Q A N X I K R P S G
P J Y U H C U T P G E B T V K
V V Y U I T R Z U V Y J Q E B
R C F A P X Z V J B C L E U N
V P B E V M W P U P N N E R E
U E N U S M A G S N M K A Q
U D R K G S R B Z Y E A L N L
J U P I E T E R K N Z A F Y U U
Q R U T M P X V S P R X I S J
B P F E Y G R R Z L T O T S
W C J D V K A H T G H W C L Q
A C B Q S M C D U I Z G Z W R
Q I E Z I P M L V F V J V Z Y
T F J R Y H E S R P H A P I D

How well do you know your planets? Can you find them below?

Solar System Word Search



vrumm!





EQUANIMITY

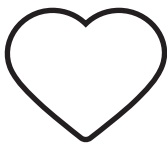
Education

Show how much you liked this activity book on the 1 to 5 scale below by colouring in the hearts. The more hearts you colour in the more it shows you liked the book!



1

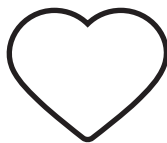
Boring



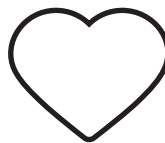
2



3



4



5

Amazing



**We hope you
had fun!**

Who was your favourite
Equanimity character?

